

The Center Orlando | <http://www.thecenterorlando.org/>

946 N Mills Ave.
Orlando, FL 32803
Phone: 407-228-8272

An LGBTQ+ center and safe-haven that provides HIV and STI testing Monday-Friday between 10am-3:30pm. Narcan is also distributed to prevent opioid overdoses. Condoms are available to grab-and-go and there are various counseling and support groups available.

Tags: STI testing, Narcan, condoms, counseling

Christian Service Center | <https://www.christianservicecenter.org/>

808 W. Central Blvd.
Orlando, FL 32805
Phone: 407-425-2523

300 West Franklin Street
Ocoee, FL 34761
Phone: 407-656-6678

3377 Aloma Avenue
Winter Park, FL 32792
Phone: 407-628-1692

Food is provided daily (M-F) in the dining room, no questions asked. They also provide food for struggling and hungry students and their families. Orange County residents are able to seek assistance through FES (Family and Emergency Services). This is a Christian organization.

Tags: hot meal, food, financial services

Food Not Bombs | <http://orlandofoodnotbombs.org/>

Orlando City Hall
400 Orange Avenue
Orlando, FL, 32801

Free food is traditionally shared on Monday at 10am and Wednesday at 5:30pm, no questions asked. Food is primarily vegan and all community members (housed or houseless) are welcome to eat and gather.

Tags: hot meal, food

IDignity | <https://idignity.org/>

424 E. Central Blvd. #199
Orlando, FL 32801
Phone: 407-792-1374

440 W. Colonial Blvd.
Orlando, FL 32804
*Only 1st Thursday/month

701 W. Concord St.
Orlando, FL 32805
*Only on Fridays

Assists in obtaining Florida ID cards and licenses, birth certificates, Social Security cards and other documents needed to obtain an ID/license.

Tags: identification

One Heart for Women & Children | <http://oneheartforwomenandchildren.org>

2040 N Rio Grande Ave.
Orlando, FL 32804
Phone: 321-299-4594

Food pantry open Monday-Friday 9am-3pm. According to website, you can also access clothes, school supplies, personal hygiene and household items, life skills/parenting classes, youth education and outreach, and drug and alcohol prevention. Call for more information.

Tags: food, hygiene items, clothing

Jewish Family Services | <https://www.jfsorlando.org/>

2100 Lee Road
Winter Park, FL 32789
Phone: 407-644-7593

Food is given by appointment during COVID-19. Call the number above to schedule your pick-up. Make sure to bring a photo ID to your appointment. Counseling services are being provided via telehealth by making an appointment. Call 407-644-7671 to schedule. Round-trip car rides to medical appointments to elderly and disabled folks are also given at no cost. This is a Jewish organization.

Tags: food, counseling services, ride services

Coalition for the Homeless | <https://www.centralfloridahomeless.org/>

18 North Terry Avenue
Orlando, FL 32801
407-872-5790

Diversion services are provided to mediate conflict to restore immediate housing. Dinner is served every day of the week, 7:10pm Monday-Saturday and 4:40pm on Sunday. Shower and laundry services are given (M-F) from 9am-12pm for men and 12-3pm for everyone else (including families). Houseless people are welcome to gather at the Compassion Corner to have a safe place to stay during the day and receive social services.

Tags: diversion services, hot meal, shower, laundry, social services

Miracle of Love | <https://miracleofloveinc.org/>

Main Office
741 W Colonial Dr.
Orlando, FL 32804
Phone: 407-843-1760

Stafford House
711 Seminole Ave.
Orlando, FL 32804
Phone: 407-532-0070

Free, confidential testing for HIV, STIs and pregnancy is available. HIV and STI testing is on Monday-Thursday, 9am-4pm. For a pregnancy test, come in Fridays, 9am-12pm. Housing assistance is available for houseless people diagnosed with HIV or AIDS. Medical case management is available for people with HIV/AIDS and pregnancy case management is available for any high-risk pregnancy.

Tags: STI testing, pregnancy testing, housing assistance, case management, pregnancy assistance

Catholic Charities of Central Florida | <https://cflcc.org/>

1771 N. Semoran Blvd.
Orlando, FL 32807
407-658-1818

Food Pantry with choice of items. Open Monday-Friday 8:30am-12:30pm except for Tuesdays. A Family Stability Program is available for those who are in crisis and need assistance to stay in their home. Call 407-839-4357 for an appointment with case management for the program.

Tags: food, diversion services, case management

United Against Poverty | <https://uporlando.org/>

150 W. Michigan St.
Orlando, FL 32806
Phone: 407-650-0774

Provides emergency food assistance, case management, healthcare and occupational services. Case managers can connect you to services including assisting in applying for benefits like SNAP.

Tags: food, case management, job skills, healthcare, benefit assistance

Orlando Union Rescue Mission | <https://www.ourm.org/>

1623 W. Washington St
Orlando, FL 32805
407-423-2131

Three prepared, hot meals are provided daily for any community members in need, including on holidays and weekends. They host a transitional housing program for men which can provide job skills and counseling. This is a Christian organization.

Tags: hot meal, transitional housing, job skills, counseling

SALT Outreach | <https://www.serviceandlovetogether.org/>

First United Methodist Church
142 E Jackson St.
Orlando, FL 32801
1-866-237-2589

Showers, meals, and hair cutting services are provided every Sunday, Tuesday, and Thursday from 9am-3pm. Clothing can be provided when available. Usual location is listed above but check their Facebook page and website for current information.

Tags: hot meal, shower, haircut, clothing

Covenant House Florida | <https://www.covenanthousefl.org/>

5931 E. Colonial Drive
Orlando, FL 32807
Phone: 407-482-0404

Offers low-barrier housing for homeless young adults. The Respite Center is a 24-bed facility for unstably-housed young adults 18-20. The ROPAL program is a housing program available for young adults 18-24 in broader Orange and Osceola counties. Food, hygiene items, and case management are available for youth via their drop-in center. They also offer an employment assistance program for unemployed youth, a GED program for those who need it, and parenting classes for those with children. This is a Christian organization.

Tags: transitional housing, food, hygiene items, case management, job skills, GED, parenting classes

Matthews Hope | <https://www.matthewshopeministries.org/home>

611 Business Park Blvd #101
Winter Garden, FL 34787
407-905-9500

Outreach is provided to guests on Tuesdays and Thursdays. Houseless guests who complete an intake are provided breakfast and lunch, hygiene items, pantry items, and can take a shower. Clothing and haircuts are provided as available. There are also nurses available for healthcare consultations and you can set up mail to be sent to this location. This is a Christian organization.

Tags: hot meal, hygiene items, food, shower, clothing, haircut, healthcare

Health Care Center for the Homeless | <http://www.hcch.org/>

232 N Orange Blossom Trail
Orlando, FL 32805
Phone: 407-428-5751

Primary medical, oral health, mental health, and substance abuse treatment is provided for low costs (\$10 is the minimum charge). There is also residential housing for houseless people who have TB. A pharmacy is also located on-site.

Tags: healthcare, counseling, housing

The Sharing Center | <http://thesharingcenter.org/>

600 N Highway 17-92, Ste. 130
Longwood, FL 32750
407-260-9155

Rent/mortgage and utility assistance is provided via a financial assistance application for residents of Seminole County. A food pantry is available in which you can receive two grocery bags worth of food. The Oasis is a drop-in center offers showers, a hot meal and laundry services. This is a Christian organization.

Tags: financial assistance, food, shower, hot meal, laundry

The Salvation Army | <https://salvationarmyflorida.org/orlando>

Men's Shelter
624 Lexington Ave.
Orlando, FL 32804
Phone: 407-423-8581
Ext. 26480

Women's Shelter
400 W Colonial Dr.
Orlando, FL 32804
Phone: 407-423-8581
Ext 26480

Senior Housing
625 Lake Dot Cir.
Orlando, Florida 32804
Phone: 407-650-8180

Both shelters begin check-in at 4:30pm daily. Children are welcome at the women's center. Dinner is also served for free Monday-Friday at 3:30pm at the men's shelter. Low-income housing for seniors is available at the housing developments at Lake Dot Circle.

Tags: shelter, housing assistance, hot meal